



STRENGTH - OSPA (NON FOOTBALL) 8th-12th Grade - 2025

Camp Start Date: June 16, 2025

Start Time: 9:30:00 AM

Camp End Date: July 31, 2025

End Time: 11:00:00 AM

Date Details: Camp runs M-TH Weekly 9:30am-11:00 am. No Camp During Mandatory OSSAA Dead Period June 30th- July 6th

Venue Name: Soccer/Track Complex

Venue Address: 601 S. Riverview, Bixby, OK 74008

Camp Cost: \$150.00

Questions: Taylor Solomon tsolomon@bixbyps.org

Special Notes:

Shorts, T-Shirts and athletic shoes are required dress. This camp is for upcoming 8th-12th grade Male athletes that do not participate in football but participate in Olympic sports:(baseball, Track, basketball, soccer, etc.) No incoming 7th graders are allowed for this camp. Instead sign up for the 1-7th grade SPA
Note for 8th Graders: It is not required but it is RECOMMENDED that incoming 8th graders that are signing up for this SPA have either taken the 7th grade strength and conditioning class or at least been in the weight room with Coach Myers during the prior school year.

Medical Info:

By registering for this Camp, I agree to the following Waiver & Release of Liability:

<https://bixbyps.info/cewaiver>